

Boys Varsity
Ottawa Hills Invite

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	NewPR	By	A<E
1	Alex Ten Haken	05:29	05:20 ▼	-00:11	10:57	11:05 ▲	05:33	00:01.6	05:28.0	▲	00:03	16:59	● 17:05.8	05:31	00:07	00:13		
2	Reuben Riemersma	05:41	05:30 ▼	-00:20	11:22	11:31 ▲	05:46	-00:04.2	05:57.3	▲	00:08	17:37	● 18:04.0	05:50	00:27	00:27		
4	Ethan Dertien	05:53	05:30 ▼	-00:33	11:46	11:51 ▲	05:56	-00:07.5	06:16.6	▲	00:14	18:14	● 18:45.2	06:03	00:32	00:47		
5	Eli Schout	05:55	05:43 ▼	-00:21	11:50	11:59 ▲	06:00	-00:04.7	06:12.7	▲	00:09	18:20	● 18:49.0	06:04	00:29	00:30		
6	Ben Brower	06:13	05:58 ▼	-00:15	12:26	12:23 ▲	06:12	-00:01.6	06:15.9	▲	00:03	19:16	● 19:16.5	06:13	00:01	00:18		
7	Johnny Gruppen	06:25	06:03 ▼	-00:14	12:50	12:32 ▲	06:16	-00:00.6	06:17.6	▲	00:01	19:54	● 19:27.4	06:17	-00:27	00:15		🏅
8	Caden Leatherman	06:16	06:06 ▼	-00:13	12:33	12:32 ▲	06:16	-00:02.8	06:23.9	▲	00:05	19:26	● 19:34.3	06:19	00:08	00:18		
10	Alden Lucas	06:16	06:05 ▼	-00:21	12:32	12:35 ▲	06:18	-00:08.3	06:40.9	▲	00:15	19:25	● 19:56.0	06:26	00:31	00:36		
12	Andrew Burnside	06:25	06:32 ▼	-00:11	12:50	13:25 ▲	06:43	-00:00.5	06:44.0	▲	00:01	19:54	● 20:49.4	06:43	00:56	00:12		
15	Logan Nederveld	06:37	06:22 ▼	-00:29	13:14	13:26 ▲	06:43	-00:08.4	07:06.6	▲	00:15	20:30	○ 21:15.2	06:51	00:45	00:45		

Boys JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	NewPR	By	A<E
9	Dylan Duimstra	06:37	06:09 ▼	-00:16	13:14	12:49 ▲	06:24	-00:01	06:26	▲	00:01	20:31	● 19:53.9	06:25	-00:37	00:17		🏅
11	Nolan Schepers	06:45	06:20 ▼	-00:18	13:30	14:02 ▲	07:01	00:23	05:57	▼	-00:41	20:56	● 20:35.1	06:38	-00:21	01:04	🏅	00:20.7 🏅
13	Adam Shoemaker	06:37	06:17 ▼	-00:33	13:14	13:09 ▲	06:34	-00:16	07:18	▲	00:28	20:31	○ 21:11.1	06:50	00:41	01:01		
14	Titus Gordon	06:54	06:43 ▼	-00:07	13:49	13:43 ▲	06:51	00:01	06:48	▲	-00:02	21:25	○ 21:11.9	06:50	-00:13	00:09	🏅	00:12.7 🏅
20	Peter Keegstra	06:42	06:45 ▼	-00:12	13:23	13:51 ▲	06:56	-00:02	07:00	▲	00:03	20:45	○ 21:33.5	06:57	00:49	00:15		
22	Phillip Kooyer	06:43	07:01 ▲	-00:01	13:25	13:08 ▲	06:34	-00:28	07:52	▲	00:50	20:48	○ 21:47.2	07:02	00:59	01:18		
24	Cade DeVries	07:28	07:07 ▲	00:02	14:57	14:23 ▲	07:12	00:07	06:53	▼	-00:12	23:10	○ 21:57.3	07:05	-01:13	00:18	🏅	01:13.0 🏅
26	Dylan Buys	07:22	07:07 ▼	-00:05	14:43	14:24 ▲	07:12	-00:00	07:12	▲	00:00	22:49	○ 22:19.3	07:12	-00:30	00:05	🏅	00:29.9 🏅
27	Lucas Buys	07:14	07:07 ▼	-00:08	14:29	14:24 ▲	07:12	-00:03	07:20	▲	00:05	22:27	○ 22:28.4	07:15	00:02	00:13		
30	Jaydan Alvarez	07:29	07:07 ▼	-00:23	14:58	15:08 ▲	07:34	00:04	07:23	▼	-00:07	23:12	○ 23:15.6	07:30	00:03	00:27		

Legend:	Mile1_Est	Estimated time to pass Mile 1	Est_Finish	Estimated Finish	Sub:		
	Mile1_Act	Actual Time to pass mile 1 checkpoint	Actual	Actual Finish	Gold	16:59.9	▲
	1vsAvg	+/- compared to average PPM for mile 1	Act_PPM	Actual PPM for entire race	Silver	18:59.9	▲
	Mile2_Est	Estimated Mile 2	Act_vs_Est	+/- from estimate	Bronze	20:59.9	▲
	Mile2_Act	Actual Mile 2	Spread	Difference between fastest mile and slowest mile.			▼
	Mile2_PPM	Mile 2 PPM	PR	Personal Record			
	2vsAvg	+/- compared to average PPM for mile 2	A<E	Actual less than Estimated			
	Mile3_PPM	Mile 2 to finish of 1.1 miles at a PPM					
	3vsAvg	+/- compared to average PPM for mile 3.1					

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Alex Ten Haken	17:15.4	16:58.6	17:05.8									16:57.6	● 16:58.6	17:06.6	-0:00:16.8	
Reuben Riemersma	18:07.1	17:37.0	18:04.0									17:37.0	● 17:37.0	17:56.0	-0:00:30.1	🏆
Ethan Dertien	18:24.2	18:13.6	18:45.2									18:13.6	● 18:13.6	18:27.7	-0:00:31.6	🏆
Eli Schout	19:16.4	18:20.2	18:49.0									18:20.2	● 18:20.2	18:48.5	-0:00:56.2	🏆
Ben Brower	20:15.0	19:15.6	19:16.5									18:26.5	● 19:15.6	19:35.7	-0:00:59.4	
Johnny Gruppen	20:46.2	19:54.2	19:27.4									19:13.6	● 19:27.4	20:02.6	-0:01:18.8	
Caden Leatherman	20:07.0	19:26.4	19:34.3									17:59.0	● 19:26.4	19:42.6	-0:00:40.6	
Dylan Duimstra	20:30.5	20:41.4	19:53.9									19:48.0	● 19:53.9	20:21.9	-0:00:47.5	
Alden Lucas	20:29.3	19:24.9	19:56.0									19:24.9	● 19:24.9	19:56.7	-0:01:04.4	🏆
Nolan Schepers	21:28.1	20:55.8	20:35.1									20:35.1	● 20:35.1	20:59.7	-0:00:53.0	🏆
Andrew Burnside	20:29.1	19:53.6	20:49.4									19:53.6	● 19:53.6	20:24.0	-0:00:55.8	🏆
Adam Shoemaker	20:43.6	20:30.6	21:11.1									20:30.6	● 20:30.6	20:48.4	-0:00:40.5	🏆
Titus Gordon	21:24.6	21:44.5	21:11.9									21:11.9	○ 21:11.9	21:27.0	-0:00:32.6	🏆
Logan Nederveld	22:02.6	20:30.3	21:15.2									20:30.3	● 20:30.3	21:16.0	-0:01:32.3	🏆
Peter Keegstra	20:44.7	22:14.5	21:33.5									20:44.7	● 20:44.7	21:30.9	-0:01:29.8	🏆
Philip Kooyer	22:32.6	20:47.8	21:47.2									20:02.7	● 20:47.8	21:42.5	-0:01:44.8	
Cade DeVries	23:10.3	23:18.9	21:57.3									21:57.3	○ 21:57.3	22:48.8	-0:01:21.6	🏆
Dylan Buys	23:23.6	22:49.2	22:19.3									22:19.3	○ 22:19.3	22:50.7	-0:01:04.3	🏆
Lucas Buys	22:52.4	22:26.6	22:28.4									21:25.8	○ 22:26.6	22:35.8	-0:00:25.8	
Jaydan Alvarez	24:17.8	23:12.3	23:15.6									21:41.4	○ 23:12.3	23:35.2	-0:01:05.5	

Top 5 (Goal 1:26:01)	1:33:10	1:30:25	1:32:01										1:30:25	1:31:55	Avg: -0:00:57	
Top 7 (Goal 2:01:08)	2:13:54	2:09:16	2:11:02										2:09:16	2:11:34		
Spread (1:00)	0:03:14	0:02:28	0:02:29										0:02:28	0:02:50		
Top 5	1:43:14	1:41:30	1:42:26										1:40:16	1:42:37		
Top 7 (Goal 2:11:33)	2:26:07	2:23:14	2:24:53										2:21:36	2:25:20		
Spread	0:00:59	0:01:02	0:01:21										0:01:17	0:01:24		

Gold = top 7 in race
Green = Season Record

Race1 Under The Lights
Race2 Christian School Invite
Race3 Ottawa Hills Invite
Race4 Conference Jamboree #1
Race5 Autumn Sunrise
Race6 Otsego
Race7 Conference Jamboree #2
Race8 Portage
Race9 Conference Jamboree #3
Race10 Regionals
Race11 State

Gold 16:59.9
Silver 18:59.9
Bronze 20:59.0

Improvement is defined as difference between slowest and fastest races

Varsity
JV