

Boys Varsity
Under The Lights

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
1	Alex Ten Haken	05:37			11:15						17:26	● 17:15.4	05:34	-00:10			⬆
2	Reuben Riemersma	06:03			12:06						18:45	● 18:07.1	05:51	-00:38		⬆	⬆
3	Ethan Dertien	06:08			12:16						19:01	● 18:24.2	05:56	-00:37		⬆	⬆
5	Eli Schout	06:28			12:56						20:02	● 19:16.4	06:13	-00:46		⬆	⬆
6	Caden Leatherman	06:39			13:18						20:37	● 20:07.0	06:29	-00:30			⬆
8	Andrew Burnside	06:51			13:42						21:14	● 20:29.1	06:36	-00:45		⬆	⬆
9	Alden Lucas	06:55			13:50						21:26	● 20:29.3	06:37	-00:57			⬆

Boys JV

Position	Athlete	Mile1_Est	Mile1_Act	1vsAvg	Mile2_Est	Mile2_Act	Mile2_PPM	2vsAvg	Mile3_PPM	3vsAvg	Est_Finish	Actual	Act_PPM	Act_vs_Est	Spread	PR	A<E
7	Ben Brower											● 20:15.0	06:32				
10	Dylan Duimstra	06:56			13:52						21:29	● 20:30.5	06:37	-00:59			⬆
11	Adam Shoemaker	07:00			14:00						21:42	● 20:43.6	06:41	-00:59			⬆
12	Peter Keegstra	07:20			14:40						22:43	● 20:44.7	06:42	-01:59		⬆	⬆
13	Johnny Gruppen	06:59			13:58						21:39	● 20:46.2	06:42	-00:53			⬆
14	Titus Gordon	07:12			14:24						22:19	○ 21:24.6	06:54	-00:54		⬆	⬆
15	Nolan Schepers	07:21			14:42						22:47	○ 21:28.1	06:56	-01:18		⬆	⬆
19	Logan Nederveld	07:51			15:42						24:20	○ 22:02.6	07:07	-02:18			⬆
24	Philip Kooyer	07:06			14:13						22:02	○ 22:32.6	07:16	00:30			
25	Lucas Buys	07:25			14:49						22:58	○ 22:52.4	07:23	-00:06			⬆
26	Cade DeVries	07:53			15:45						24:25	○ 23:10.3	07:28	-01:15		⬆	⬆
27	Dylan Buys	07:55			15:50						24:32	○ 23:23.6	07:33	-01:08		⬆	⬆
28	Jaydan Alvarez	07:38			15:16						23:39	○ 24:17.8	07:50	00:39			

Legend:	Mile1_Est	Estimated time to pass Mile 1	Est_Finish	Estimated Finish		Sub:		
	Mile1_Act	Actual Time to pass mile 1 checkpoint	Actual	Actual Finish	Gold	16:59.9	▲	Below Average PPM
	1vsAvg	+/- compared to average PPM for mile 1	Act_PPM	Actual PPM for entire race	Silver	18:59.9	■	On Target
	Mile2_Est	Estimated Mile 2	Act_vs_Est	+/- from estimate	Bronze	20:59.9	▼	Above Average PPM
	Mile2_Act	Actual Mile 2	Spread	Difference between fastest mile and slowest mile.				
	Mile2_PPM	Mile 2 PPM	PR	Personal Record				
	2vsAvg	+/- compared to average PPM for mile 2	A<E	Actual less than Estimated				
	Mile3_PPM	Mile 2 to finish of 1.1 miles at a PPM						
	3vsAvg	+/- compared to average PPM for mile 3.1						

Athlete	Race1	Race2	Race3	Race4	Race5	Race6	Race7	Race8	Race9	Race10	Race11	PR	SR	Avg.	Improvement	PR This Season
Alex Ten Haken	17:15.4											16:57.6	● 17:15.4	17:15.4		
Reuben Riemersma	18:07.1											18:07.1	● 18:07.1	18:07.1		👍
Ethan Dertien	18:24.2											18:24.2	● 18:24.2	18:24.2		👍
Eli Schout	19:16.4											19:16.4	● 19:16.4	19:16.4		👍
Caden Leatherman	20:07.0											17:59.0	● 20:07.0	20:07.0		
Ben Brower	20:15.0											18:26.5	● 20:15.0	20:15.0		
Andrew Burnside	20:29.1											20:29.1	● 20:29.1	20:29.1		👍
Alden Lucas	20:29.3											19:27.3	● 20:29.3	20:29.3		
Dylan Duimstra	20:30.5											19:48.0	● 20:30.5	20:30.5		
Adam Shoemaker	20:43.6											20:31.9	● 20:43.6	20:43.6		
Peter Keegstra	20:44.7											20:44.7	● 20:44.7	20:44.7		👍
Johnny Gruppen	20:46.2											19:13.6	● 20:46.2	20:46.2		
Titus Gordon	21:24.6											21:24.6	○ 21:24.6	21:24.6		👍
Nolan Schepers	21:28.1											21:28.1	○ 21:28.1	21:28.1		👍
Logan Nederveld	22:02.6											20:48.5	○ 22:02.6	22:02.6		
Philip Kooyer	22:32.6											20:02.7	○ 22:32.6	22:32.6		
Lucas Buys	22:52.4											21:25.8	○ 22:52.4	22:52.4		
Cade DeVries	23:10.3											23:10.3	○ 23:10.3	23:10.3		👍
Dylan Buys	23:23.6											23:23.6	○ 23:23.6	23:23.6		👍
Jaydan Alvarez	24:17.8											21:41.4	○ 24:17.8	24:17.8		

Top 5 (Goal 1:26:01)	1:33:10												1:33:10	1:33:10	Avg: 0:00:00	
Top 7 (Goal 2:01:08)	2:13:54												2:13:54	2:13:54		
Spread (1:00)	0:03:14												0:03:14	0:03:14		
Top 5	1:43:14												1:43:14	1:43:14		
Top 7 (Goal 2:11:33)	2:26:07												2:26:07	2:26:07		
Spread	0:00:59												0:00:59	0:00:59		

Varsity
JV

Gold = top 7 in race
Green = Season Record

Race1	Under The Lights		
Race2	Christian School Invite		
Race3	Ottawa Hills Invite	Gold	16:59.9
Race4	Conference Jamboree #1	Silver	18:59.9
Race5	Autumn Sunrise	Bronze	20:59.0
Race6	Otsego		
Race7	Conference Jamboree #2		
Race8	Portage		
Race9	Conference Jamboree #3		
Race10	Regionals		
Race11	State		

Improvement is defined as difference
between slowest and fastest races